Go Astley Cup Competitors .......

Achievement in a supportive environment
I am excited and perhaps just a little nervous about the possibilities of this week’s Astley Cup competition against Bathurst High School. I am absolutely impressed with our student leaders who have taken on leadership of the event, led the development of a strategic plan and worked together as a very tight and committed team to ensure a whole range of new initiatives including incorporating the Drum Corp and student dancers to support our sporting teams. As an example of our prefects and student leaders commitment to win the event, after they returned from the HSC seminars in Bathurst last Tuesday, the team gathered to paint banners in near freezing conditions under the light of mobile phone torches at 6pm at night. The picture above shows the dedication of our incredibly self-motivated students.

Astley Cup in 2014 will truly be ‘whole school event’ and we have scheduled two spectator afternoons on Thursday and Friday to ensure the event contributes to the development of a positive whole school spirit. We have finished the first day 100 points ahead with the girls soccer 2-1 win a particular unexpected standout.

Orange High School students celebrated Creative and Performing with Casey Donovan winner of Australian Idol in 2010. Aboriginal students celebrated their culture and history with Casey sharing her journey as a young Aboriginal person growing up and discovering her musical talents. The school was privileged to host many local Indigenous people including Glen Sutherland who led the students through a session celebrating and supporting cultural diversity. As part of the event is was exciting to see many students have photos with Casey and enjoy morning tea with her in the Music Centre along with Aboriginal Elders in the Orange community.

Trent French and Atahlia Sutherland were selected to present at the Orange Lachlan Network meeting for new teachers conference. Atahlia also sang Amazing Grace in Wirajuri.

Congratulations to William Boyd for his amazing speech in the next round of the Country Women’s Association Public Speaking Competition. His speech is included below for your interest.

David Lloyd, Principal

William Boyd’s speech

Madam chair, members of the audience. My name is William Boyd and today I’ll be doing my speech on speed.

Now I'm not talking about the drug speed which are the pills you pop that makes you talk fast, but speed as in how quickly things happen. Speed typically has many negative connotations and I would like to challenge this concept and say that there is an appropriate speed for every occasion. By the way if I start to talk very fast, I'm not on speed I'm just very nervous.
We commonly hear statistics such as a 5% reduction in speed reduces motor vehicle accidents by 15% which is true and we need to be mindful of. However is speed really a killer? The other day when I was browsing the internet I found an advertisement for a parachute. I said only used once, never opened. I pose the question, was it really the speed that killed this man, or the sudden stop at the end of his journey.

Speed is defined as the rate of motion of progress. It does not constitute fast or slow. There are positives and negatives of both excessive speed and lack of speed in many situations. Let’s consider a few examples:

In the work environment speed is often linked to errors and accidents. However this is only when excessive speed is involved and safety is disregarded. Most employers or business owners see high speed as a way to achieve greater productivity and hence more income. A good employee that works faster and produces more should be paid more.

When traveling how fast you go is dependent on whether you wish to enjoy the journey or if you want to get to your destination quickly. Hence the speed of a cruise ship traveling at 25 knots may be the perfect speed for someone who would like to enjoy the journey as part of a vacation. But traveling at 1000 km/hour in a jet aeroplane is the more appropriate speed for a business man trying to get to his next meeting on time.

I previously mentioned a few statistics on motor vehicle safety. It is often put forward that the longer you spend on the road, the more likely you are to have an accident. Does this mean that the faster I go, the less time I’m on the road therefore the safer I am.

In the sport environment speed is considered good. In a race while it is fun to participate it feels great to win. In this instance high speed is the way to go. But I did recently compete in a chess competition and I must admit that always making the fastest move didn’t really pay off.

What about things that happen at a very fast speed and a very slow speed. Speed in the creation of natural things around us can be extremely fast or extremely slow. One minute following the Big Bang the universe expanded from something smaller than the size of a pinhead, to something a million billion miles across. But the creation of something as beautiful as a diamond takes many millions of years.

Speed can also be relative. While my mum says take it slow in relationships and avoid fast women when I wait to see my girlfriend an hour seems like an eternity, but when I’m sitting there next to her the hands of the clock seem to race around. Likewise I’m pretty sure that a turtle would seem like a speed demon to a something as slow as a snail. But a turtle to a jaguar would seem almost frozen in time.

Another example of relativity is how a speech can revolutionize the concept of eternity. Standing here in front of you has felt like an eternity to me, and I only hope that it hasn’t felt the same for you.

D Lloyd

ASSESSMENTS DUE – WEEK 9

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<thead>
<tr>
<th>Year</th>
<th>Due</th>
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<tbody>
<tr>
<td>Year 7</td>
<td>Nil</td>
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<tr>
<td>Year 8</td>
<td>Nil</td>
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<tr>
<td>Year 9</td>
<td>Textiles (practical &amp; design folio), Vis Arts (BOW &amp; diary)</td>
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<tr>
<td>Year 10</td>
<td>Dance (cultural dance performance), Vis Arts (BoW &amp; diary)</td>
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<tr>
<td>Year 11</td>
<td>CAFS (media review), Dance (core composition), Drama (critically studying making), IT Metal – IT Timber – (local industry report), Legal St (research), Primary Ind (competency), Vis Arts (BoW)</td>
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<tr>
<td>Year 12</td>
<td>Dance (performance, diary), English Ext 1 (folio of writing), English Ext 2 (draft major work &amp; reflection), Maths Ext 2 (in class test), Textiles and Design (process diary part B)</td>
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YEAR 7 PARENTS

If your child is attending the Aussie Bush Camp please ensure the full amount, $276, is paid by Friday 20th June. If the full amount is not paid your child will lose their spot. If there are not enough students who pay for the excursion we will need to cancel the excursion. If you are having any problems paying the remaining amount please contact Mrs Bright through the school.

Alice Bright

FACULTY NEWS – HOME ECONOMICS

A big hello to everyone for Term Two or what is left of it! It has been such a busy term that seems to have evaporated in front of us. The Home Economics Department has had another rewarding term, watching students here at Orange High School working so well.

All our senior students are working hard as they finish term two. The end of their schooling year is so close and it is encouraging to see so many students working to their full potential, trying incredibly hard to meet the rigours of the HSC year.
Both the HSC CAFS and Food Technology classes have worked hard on major assessment tasks this term. Both tasks have been expertly completed and the standard of work produced by some students is nothing short of inspiring.

The Food Technology students worked on a task where they had to design a new food product. The ideas generated, the planning and testing completed and the final products produced were excellent. Maybe we have the next generation of contemporary designers in our midst.

The CAFS class have also worked hard on completing a task about marginalised groups in society. They have conducted a detailed investigation into a variety of groups and then looked critically at the facts they gathered. The depth of knowledge and understanding exhibited during the completion of these tasks was outstanding.

Talk to any HSC Textiles student at the moment and you will sense fear in their voices! They are swiftly approaching the due date for the Major Textiles Project. This project is based on the creative and innovative use of textiles to produce a product. The work that is currently being produced in that classroom at the moment, is amazing.

Over the holidays, I encourage all HSC students to work hard and revise in preparation for the trial exams next term. The year will be over before they know it. Enjoy the time!!!!

The perfect sponge: Congratulations to Year 11 Food Technology students. We voted this the perfect sponge!!!

Another friendly reminder that invoices have been sent out for elective fees. Fees for our courses are vital for the Home Economics department to run effectively and be able to offer the variety of learning experiences that are enjoyed by a large number of students at OHS. Your support, for our faculty, by paying any associated fees for courses your son/daughter is competing is greatly appreciated.

Warmest Regards, Narelle Small, Head Teacher Home Economics

COONABARABRAN NORTH WEST EQUESTRIAN EXPO 2014
The Orange High School Equestrian team competed at the North West Equestrian Expo earlier this term. The event is held in Coonabarabran and is the largest school sporting event with 700 students competing at this year’s spectacular. The Expo invites riders from both private and public schools from across the state each year to compete in a selective range of equine disciplines. Although only five riders made up our OHS team this year, it is with great pleasure to announce that these students’ competed and represented our school with distinction and pride.

Our team were particularly strong in the One Day Event (ODE), which involves dressage, cross country jumping and Show jumping. Congratulations to Ariel Ware for placing 1st in her ODE, this is a massive achievement!!!! Edward Onus placing 4th, even after dropping one rail in the show jump section and to Maaike Riphagen who placed 6th in her respective ODE grade.

Riding a young horse and being a new comer to the Expo was Emily Fraser, who is also to be congratulated on being placed 6th in her combined training competition. A special mention goes to Emilee Thomas who combined with Yanco High School to compete in the team penning, having never ridden as a team before, made the semi-finals for the team penning, congratulations.

Maaike Riphagen and Edward Onus were also respected and placed winners in the show jumping. Congratulations to Edward for his participation and qualification into the 6 bar competition which saw many riders stumble in the earlier rounds. The OHS team were competitors in the team Barrel event in which they all came together, working and representing OHS amongst the other 100 barrel racing teams.

The competitors would also like to extend many thanks to Mr Lloyd for supporting the team and also to the parents who travelled with the students for events and assisting as volunteers in running events, packing up jump trailers, building cattle yards and the many other duties over the event.

On a personal note, I would like to thank the riders and parents for your resilience in attending events punctually during the rain on Sunday. I would personally like to compliment the students for their sportsmanship and on their presentation of both themselves and their horses both during competition and at the prize giving. I also wish to acknowledge the considerable volunteer effort put in by our team and for the spirit of cooperation during the 2014 Expo.
YEAR 10 PHOTOGRAPHY AND DIGITAL MEDIA
Term 2 Unit: Surrealism and Photography.

Photograph by Alexandra Boyd featuring her brother William Boyd.